

#UNPLUG

NATIONAL DAY OF UNPLUGGING

SUNDOWN TO SUNDOWN, MARCH 6-7, 2020



OUTDOOR FAMILY IDEAS

- Wake up early to catch the birds and the dawn chorus.
- Grab a blanket and bring your favorite nature-themed kids books outside.
- Try out one of these printable [scavenger hunts](#).
- Visit one of the many [natural play areas](#) around Bend. Our favorites are Rock Ridge, Stone Creek, and Hillside Parks.
- Check out one of the [TRACK trails](#) in Prineville with self-guided activities and prizes when kids log their adventures.
- Check out a new trail or park. Many of the Deschutes Land Trust preserves are great places to visit in March.